Common Stock

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08/14/2009

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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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П	to Section 16. Form 4 or Form 5
Ш	obligations may continue. See
_	Instruction 1/h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Swartz Richard S. Jr.				2. Issuer Name and Ticker or Trading Symbol MYR GROUP INC. [MYRG]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner			
(Last)	(First)	(Middle	e)	3. Date of Earliest Transaction (Month/Day/Year) 08/13/2009							X	Officer (give title below)	Other (specify below)		
MYR GROUP INC.										_		Grou	ıp VP		
1701 GOLF RC	OAD SUITE 3-	1012		4.	If Amendment, Date	e of Origin	nal Fil	ed (Month/Da	ay/Year)		i. Indiv .ine)	ridual or Joint/Grou	p Filing (Check	Applicable	
(Street) ROLLING MEADOWS IL 60008-4210											X	Form filed by One Form filed by Mor Person			
(City)	(State)	(Zip)													
		Table I -	Non-Deriva	tiv	e Securities Ad	cquired	l, Di	sposed of	, or Be	enefici	ially	Owned			
1. Title of Security	(Instr. 3)		2. Transaction Date (Month/Day/Ye		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transac Code (Ir 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)			4 and Securities Beneficially Owned		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						Code	v	Amount (A) or (D) Price		Price		Following Reported Transaction(s) (Instr. 3 and 4)			
Common Stock			08/13/200	9		S		100	D	\$22	.69	11,023	D		
Common Stock			08/13/200	9		S		11	D	\$22	2.7	11,012	D		
Common Stock			08/13/200	9		S		33	D	\$22	.71	10,979	D		
Common Stock			08/13/200	9		S		11	D	\$22	.72	10,968	D		
Common Stock			08/13/200	9		S		11	D	\$22	.74	10,957	D		
Common Stock			08/13/200	9		S		1,800	D	\$22	.75	9,157	D		
Common Stock			08/13/200	9		S		100	D	\$22	.76	9,057	D		
Common Stock			08/13/200	9		S		36	D	\$22	.77	9,021	D		
Common Stock			08/13/200	9		S		700	D	\$22	.78	8,321	D		
Common Stock			08/13/200	9		S		252	D	\$22.7	7801	8,069	D		
Common Stock			08/13/200	9		S		1,444	D	\$22	.79	6,625	D		
Common Stock			08/13/200	9		S		100	D	\$22	.82	6,525	D		
Common Stock			08/13/200	9		S		400	D	\$22	.83	6,125	D		
Common Stock			08/13/200	9		S		100	D	\$22	.84	6,025	D		
Common Stock			08/14/200	9		M		25,000	A	\$3.6	491	31,025	D		
Common Stock			08/14/200	9		S		162	D	\$21	.34	30,863	D		
Common Stock			08/14/200	9		S		16	D	\$21	.35	30,847	D		
Common Stock			08/14/200	9		S		24	D	\$21	.36	30,823	D		
Common Stock			08/14/200	9		S		200	D	\$21	.41	30,623	D		
Common Stock			08/14/200	9		S		2,800	D	\$21	.5	27,823	D		
Common Stock			08/14/200	9		S		100	D	\$21	.51	27,723	D		
Common Stock			08/14/200	9		S		400	D	\$21	.53	27,323	D		
Common Stock			08/14/200	9		S		1,198	D	\$21	.55	26,125	D		

100

100

D

D

\$21.555

\$21.56

26,025

25,925

D

D

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned													
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)					5. Amount of Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership			
			Code	v	Amount	(A) or (D)	Price	Following Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	(Instr. 4)			
Common Stock	08/14/2009		S		100	D	\$21.57	25,825	D				
Common Stock	08/14/2009		S		100	D	\$21.59	25,725	D				
Common Stock	08/14/2009		S		400	D	\$21.6	25,325	D				
Common Stock	08/14/2009		S		500	D	\$21.605	24,825	D				

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Numbroof Code (Instr. 8) Derivativ Acquired (A) or Disposed of (D) (Instr. 3, and 5)		ivative urities uired or posed D) tr. 3, 4	Expiration Date (Month/Day/Year) ities ired essed . 3, 4			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Non- Qualified Stock Option	\$3.6481	08/14/2009		М			25,000	12/20/2007	06/02/2016	Common Stock	25,000	\$3.6481	63,155	D	

Explanation of Responses:

Remarks:

FORM 3 of 5

/s/ Gary Engen, Jr., as
Attorney-in-Fact for Richard 08/17/2009
S. Swartz, Jr.

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).