## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington,  | D.C  | 20549 |  |
|--------------|------|-------|--|
| wasiiiigton, | D.C. | 20349 |  |

| Check this box if no longer subject to<br>Section 16. Form 4 or Form 5<br>obligations may continue. See | STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP                           |
|---|--|
| Instruction 1(b).   | Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 |

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

| Name and Address of Reporting Person*  Leaves Leaves for Plantage |   |  |            |                          |         | 2. Issuer Name and Ticker or Trading Symbol  MYR GROUP INC. [ MYRG ] |  |         |     |  |      |  |  |   | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) |  |   |  |                                       |  |
|---|---|--|------------|--------------------------|---------|--|--|---------|-----|--|------|--|--|---|---|--|---|--|---------------------------------------|--|
| <u>Lowry Jennifer Elaine</u>                                      |   |  |            |                          |         | MITTOGOT ING. [ WITTO ]  |  |         |     |  |      |  |  |   | V Director  | •  |   | 10% Ow   | ner                                   |  |
| (Last) (First) (Middle) MYR GROUP INC. 12150 EAST 112TH AVENUE    |   |  |            |                          |         | 3. Date of Earliest Transaction (Month/Day/Year) 04/27/2021          |  |         |     |  |      |  |  |   |   | (give title  |   | Other (specification)  | ,                                     |  |
|   |   |  |            |                          | 4. If . | 4. If Amendment, Date of Original Filed (Month/Day/Year)             |  |         |     |  |      |  |  |   | 6. Individual or Joint/Group Filing (Check Applicable Line)             |  |   |  |                                       |  |
| (Street)  |   |  |            |                          |         |  |  |         |     |  |      |  |  |   | X Form filed by One Reporting Person                                    |  |   |  |                                       |  |
| HENDERS   | ON CO   | 80   |            |                          |         |  |  |         |     |  |      |  |  | Form filed by More than One Reporting<br>Person             |   |  |   |  |                                       |  |
| (City)  | (Stat   | e) (Z                                      | ip)        |                          |         |  |  |         |     |  |      |  |  |   |   |  |   |  |                                       |  |
|   |   | Tab  | le I - Nor | n-Deri                   | /ative  | Se   | curi   | ties A  | cqı | uired, [                               | Dis  | posed of,                                    | or Ben   | eficially   | Owned   |  |   |  |                                       |  |
|   |   |  |            | Date<br>(Month/Day/Year) |         |  | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year |         |     | r, Transaction Disposed O              |      | s Acquired (A) or<br>of (D) (Instr. 3, 4 and |  | 5. Amoun<br>Securities<br>Beneficia<br>Owned Fo<br>Reported | s<br>lly<br>ollowing  | Form   | Direct II<br>Indirect E<br>str. 4)      | . Nature of<br>ndirect<br>Beneficial<br>Ownership<br>Instr. 4)   |                                       |  |
|   |   |  |            |                          |         |  |  |         |     | Code                                   | V    | Amount                                       | (A) or<br>(D)  | Price   | Transaction/  |  |   |  |                                       |  |
| Common Stock 04/27  |   |  |            |                          |         | 1  |  |         | М   |  |      | 2,233(1)                                     | A  | (1)   | 8,832   |  |   | D  |                                       |  |
|   |   | Т  |            |                          |         |  |  |         | •   | ,                                      | •    | osed of, or<br>onvertible                    |  | •   | Owned   |  |   |  |                                       |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)               | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | Execution  | Date, Transacti          |         |  |  |         | E   | . Date Exe<br>xpiration I<br>Month/Day | Date |  | e and 7. Title and Amount of Securities Underlying Derivative Se (Instr. 3 and 4 |   | 8. Price of<br>Derivative<br>Security<br>(Instr. 5)                     | 9. Numb<br>derivativ<br>Securitiv<br>Benefici<br>Owned<br>Followir<br>Reporte<br>Transac<br>(Instr. 4) | ve<br>es<br>ially<br>ng<br>d<br>tion(s) | Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4 | Beneficial<br>Ownership<br>(Instr. 4) |  |
|   |   |  |            |                          | Code    | v  | (A)  | (A) (D) |     | ate<br>xercisable                      |      | Expiration<br>Date                           | Title  | Amount<br>or<br>Number<br>of<br>Shares                      |   |  |   |  |                                       |  |

## **Explanation of Responses:**

1. These Restricted Stock Units, which were awarded on April 27, 2020 pursuant to the Issuer's 2017 Long-Term Incentive Plan, vested on April 27, 2021 and were settled in shares of the Issuer's common stock on a one-for-one basis. The payment of such shares has been deferred in accordance with the Reporting Person's election pursuant to the Issuer's non-employee director deferral program.

04/27/2021(1)

2,233

## Remarks:

RESTRICTED

STOCK UNIT

/s/ William F. Fry as Attorneyin-Fact for Jennifer Elaine

Stock

04/29/2021

0

D

**Lowry** 

04/27/2021(1)

\*\* Signature of Reporting Person Date

2,233

\$<mark>0</mark>

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

04/27/2021

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.